New Publications

Autumn 2018
Rights Catalogue
Patients given the diagnosis of schizophrenia, depression or anxiety often see their life turned upside down. In the pharmacy they expect empathy as well as medical expertise. This book provides the tools and knowledge that you need to counsel them.

Written by a psychiatrist and a pharmacist, this work is truly a team effort. The physician describes symptoms, diagnosis and therapy, while the pharmacist presents the specific characteristics of the various psychotropic drugs and important aspects of drug therapy safety.

The reader is also familiarized with the point of view of patients and of families as well. Case studies from real practice, key information in break-out boxes, tips for consultation and numerous overview tables make this book a practical companion for everyday use.

**Note:** The authors take into account the current treatment guidelines for Germany, Austria and Switzerland and give examples of commercially available preparations from these three countries.

**Readership:** Pharmacists, pharmaceutical technicians, pharmacy interns, hospital pharmacies
Hone your consultation skills with micronutrient expertise

Micronutrient Consultation
A workbook
By Uwe Gröber.
2018. VIII, 128 pages. 54 colour figures.
34 colour tables. Format 20,5 x 29 cm.
Softcover. € 34,80 [D]

In our society there is a huge gap between theory and actual behaviour when it comes to a healthy, calorie-reduced but micronutrient-rich diet. At the same time, even a minor micronutrient deficiency can reduce cellular energy production and weaken our immune system.

With long years of practical experience, the well-known author knows what really matters in patient consultations, whether in the physician’s office or in the pharmacy. In his workbook he not only provides countless tips on selecting and using commonly available micronutrient supplements, but also evaluates their suitability for a wide variety of symptoms.

Added value: The book provides additional review questions to monitor learning progress.

Readership: Pharmacists, pharmaceutical technicians, pharmacy interns, nutrition experts
Personalized consultation

Disorders during Pregnancy
A guide with therapy recommendations for hospitals and private practice

By Prof. Dr. Gerhard Grospietsch and Prof. Dr. Klaus Mörike.
In collaboration with Christiane Weber.
XII, 534 pages. 24 colour figures.
47 colour tables. Hardcover. € 68,— [D]
ISBN 978-3-8047-2569-0

Pregnant women with health problems are a patient group with special needs, and their personalized guidance and treatment require particular care and expertise. This book provides quick support specifically written for all professional groups and specialties that pregnant women turn to with their questions: gynaecologists and midwives, general practitioners, medical specialists and pharmacists.

The authors explain in detail the necessary diagnostic and therapeutic steps and provide concrete information and recommendations for drug therapy.

Additional information on self-medication for the most important syndromes provides useful tips for practical consulting.

Readership: Gynaecologists, midwives, general practitioners, medical specialists, pharmacists
Physicians and pharmacists have to review all of their patient’s medication, and they should understand and evaluate the medication plan. Therapy Profiles help them cut a good figure whenever they need quick, solid facts about:

- causes and symptoms of diseases
- treatment goals and therapeutic options
- suitable substances and proper dosages
- possible interactions and alternatives.

70 coloured therapy strategies on the basis of current therapy guidelines show the way and form the basis of a dialogue between patient, pharmacist and physician.

Readership: Pharmacists, pharmaceutical technicians, physicians, alternative practitioners
The holistic treatment of children

Individualized Paediatric Medicine
Physical, emotional and mental aspects of diagnostics and counselling
Anthroposophical and homoeopathic therapy

By Georg Soldner and Dr. Hermann Michael Stellmann.
5th completely revised and enlarged edition 2018.
XXXI, 1202 pages. 3 colour figures. 24 colour tables.
Hardcover. € 128,– [D]
ISBN 978-3-8047-3303-9

ITALIAN LANGUAGE RIGHTS SOLD

A broadened, integrative paediatric medicine is becoming more and more important both in the medical care of children and adolescents and in the counselling of their parents. This book provides:

■ methods and principles of an integrative paediatric medicine which has been expanded to encompass aspects of anthroposophical and homoeopathic medicine
■ suggestions and concepts for individualized therapy
■ clear drug recommendations with information on potencies and dosages.

The new edition of this standard reference has been thoroughly revised, updated and expanded to include 25% more material. All information on drugs has been updated and new case presentations have been added.

“This living look at diseases and the therapy concepts that the authors have developed based on their insights encourage the reader to take the initiative. Experienced paediatricians and general practitioners can improve their own therapies, while beginners will benefit from the authors’ expertise in the area of complementary medicine.” (Deutsches Ärzteblatt)

Readership: Paediatricians, internists, general practitioners, alternative practitioners, pharmacists
Save time, increase patient safety, and simplify the management of prescriptions: these are the clear advantages for nursing homes when pharmacies supply drugs for inhabitants in multi-compartment compliance aids (MCAs) or blister packs. But does the pharmacy benefit as well?

The answer depends on a number of parameters and circumstances, including:

- legal requirements and regulations
- technical options and risks
- demands on QMS, staff, and occupational health and safety
- suitability for blister-packing and repackaging in MCAs
- data acquisition, organization, and procedures.

Downloadable sample forms round out the information package.

Whether a pharmacy is new to blister packaging and dispensing aids or simply wishes to optimize and evaluate its own procedures, it will find answers here.

**Readership:** Pharmacists, pharmaceutical technicians, pharmacies supplying nursing homes, care service management
Get ready for exams with Ehlers!

Chemical Analysis I – A Short Textbook
Qualitative Pharmaceutical Analysis
By Prof. Dr. Eberhard Ehlers.
X, 406 pages. 25 figures. 18 tables.
Softcover. € 42,– [D]
ISBN 978-3-7692-6968-0

The textbook contains a basic overview as well as the subject matter covered by the first German state examination in pharmacy in the subject “Qualitative Pharmaceutical Analysis.”

Combining the successful broad thematic scope of past editions with a fresh new design, Ehlers provides you with:

- a compact overview of everything you need to know,
- descriptions of all the most important reactions, and
- annotated solutions to frequently asked questions in previous examinations.

Together with the Ehlers catalogue of examination questions, this short textbook helps you prepare effectively for semester tests as well as the first section of the German state examination in pharmacy.

Readership: Students of pharmacy

Deutscher Apotheker Verlag
Fact sheets on drugs

Drug Profiles
Recommendations for pharmaceutical consultation arranged by active ingredient

By Dr. Joachim Framm, Almut Framm, Dr. Erika Heydel, Anke Mehrwald, Grit Schomacker, Dörte Stranz and Dr. Kirsten Lennecke.

6th completely revised and enlarged edition 2018. 480 pages. Format 11,5 x 16,5 cm. Flexible. € 29,90 [D]
ISBN 978-3-7692-7243-7

For 20 years, Drug Profiles has provided pharmacies with the best possible preparation, whether for the initial patient consultation when a drug is first prescribed or for providing advice on self-medication.

- more than 300 completely revised profiles on the most common active substances
- pictograms illustrating proper administration
- colour-coded patient information
- 31 new substance profiles

Enabling pharmacists to provide their patients with expert advice on drug therapy.

New: Important information and suggested wording for the “special information” column in the standardized medication plan required by German law since 2016.

“... also provides useful information for everyday medical practice and helps you optimize drug therapy.” (KVS-Mitteilungen Kassenärztliche Vereinigung Sachsen)

Readership: Pharmacists, pharmaceutical technicians, pharmacy interns
Since their discovery, antibiotics have saved millions of lives. But their effectiveness is decreasing. Today, we fight against multi-resistant pathogens with poor prospects of finding potent new drugs.

This book is based on a series of public lectures at the University of Hamburg. It is the perfect update on topics such as:

- mechanisms leading to resistance, including the role of animals and foodstuffs
- multi-resistant pathogens in the hospital setting
- antibiotic stewardship
- identifying resistance genes with next-generation sequencing
- strategies for developing drug candidates and new substances.

The dilemma posed by the prescription of antibiotics on the one hand and the parallel development of resistant pathogens on the other is a global threat. Pharmacists must do their part to increase awareness among patients and other players in the healthcare system.

**Pharmacy Updates – the latest in information**

**Readership:** Pharmacists in community and hospital pharmacy, industrial pharmacists, pharmaceutical technicians, pharmacy interns, students of pharmacy, physicians
Counselling with a good conscience

Evidence-Based Self-Medication
2019/2020

By Dr. Monika Neubeck.
1 figure. 42 tables. Softcover. € 34.80 [D]
ISBN 978-3-7692-7150-8

Which preparations have earned their place on the bestseller lists? Why do some favourites have a better reputation than they deserve? Based on the evidence, which bestsellers should be avoided altogether? It’s not easy to conscientiously implement the principles of evidence-based medicine, but pharmacists will find the tools they need in this book.

New in the 2019/2020 edition:
■ All information has been updated to reflect the latest guidelines, meta-analyses and reviews.
■ New preparations on the market and those newly available over the counter are now included.
■ Drugs and plant extracts newly tested in clinical trials are subjected to a thorough evaluation.

Pharmacists earn the trust of their patients by recommending therapy options with proven efficacy and openly advising against dubious preparations.

Readership: Pharmacists, pharmacy interns, pharmaceutical technician
Training for real life

Interaction Trainer
150 index cards
Theory and real-life case examples
By Elisabeth Pfister and Anna Lunzner.
2018. 54 single cards, 100 double cards.
5 colour figures. 6 colour tables.
Format 14.8 x 10.5 cm. Index Card Box.
€ 44.00 [D]
ISBN 978-3-7692-5539-3

Interactions play a pivotal role in the safe use of pharmaceuticals. With a trained eye, pharmacists and pharmaceutical technicians can instantly recognize critical combinations and then take the necessary steps. All case examples follow a consistent structure:

- **A prescription** gets the ball rolling.
- The **interaction** mechanism puts you on the right track.
- **Clinical relevance** puts the consequences for the patient in context.
- The options for **practical next steps** provide concrete suggestions for handling the situation.

With index cards on theoretical background knowledge for reference and review. The ideal tool for an interaction check at your fingertips!

**Readership:** Pharmacists, pharmacy interns, pharmaceutical technicians
Personalized formulations are a central element in the arsenal of individualized therapy. Finding a suitable, effective formulation that also meets the highest quality standards is a complex task facing both the prescribing physician and the pharmacy producing the drug. Each of the 20 chapters in this book is devoted to solving one of the problems that can be encountered on the way to the best possible formulation.

- Potential problems serve as starting points for a discussion of various options.
- Examples show how to turn critical prescriptions into plausible formulations.
- Photographs taken especially for this book clearly show the difference between incompatible and optimized formulations.

Tools at the end of each chapter help you apply the suggested solutions to almost every individualized formulation and drastically reduce the time and effort needed for research.

Readership: Pharmacists, pharmaceutical technicians
Frequent infections, stubborn rashes or a sensitive stomach – and nothing seems to help? Then it's time to clean up your act and activate your body's powers of self-healing. Homoeopathy is the perfect helper for such problems.

- It is the perfect way to "re-set" your body and cleanse it of toxins and pathogens.
- It is gentle and easy to use.
- It is ideal for self-medication.

A proven team of authors introduce their three-phase treatment concept of activation, regulation and stabilization, based on long years of medical practice. They guide the patient to the appropriate remedy for his or her own situation, symptoms and treatment phase.

**Readership:** Patients, pharmacists, pharmaceutical technicians in training and on the job, alternative practitioners
It is hard to imagine modern medicine without nutrition therapy. Whether alone or in combination with other therapy forms, it plays a decisive role in preventing, alleviating and healing numerous diseases. This practical textbook provides the foundation for effective nutrition therapy.

In the first section the authors explain which diet is suitable for prevention, differentiating by age and personal situation of the patient. In the therapy-related chapters readers will find solutions for the nutritional problems of our time: overweight/obesity, metabolic diseases, cardiovascular diseases, deficiency syndromes and their consequences. Dietetic therapy options for gastroenterological, nephrological and oncological diseases are also discussed. Newly included in this edition: pescetarianism, gallstones, atherosclerosis, soy allergy.

“This book assists readers in all questions of practical dietetics and combines scientific background with practical, hands-on information. It provides a solid basis for implementing and further developing dietetic practice. The VDD recommends this textbook for training and teaching in dietetics. In addition, the book is an ideal companion for working dieticians.” (Uta Köpcke, President of the VDD German National Association of Dieticians)
Low-Microbial Diet
for immune-compromised and immune-suppressed patients, pregnant women, and the elderly
By PD Dr. Heribert Keweloh and Uta Reinecke.
2018. X, 186 pages. 88 colour figures.
11 colour tables. Softcover. € 24,80 [D]
ISBN 978-3-8047-3687-0

Each year countless persons are infected by food-borne pathogens. When the immune system is weakened by disease or medication, after transplants and in old age, bacteria, yeasts and viruses find easy prey. Pregnant women and particularly their unborn children can also suffer severe damage from certain germs in their food. However, infections can be prevented by the careful selection and hygienic preparation of food.

A microbiologist and lecturer on food hygiene and an ecotrophologist and clinical nutrition therapist show you what to watch out for in this practical reference book.

Readership: Physicians, pharmacists, nurses, dieticians, kitchen staff and cooks, hospital staff, nutrition therapists, patients and their families
The spice of life is more than just a turn of phrase. Spices and herbs not only make our food tasty, they are also healthy, aiding digestion, boosting our circulation and quite simply making us feel good.

The author introduces the reader to the fascinating world of herbs and spices. From asafoetida, red hot chili peppers and precious saffron to fragrant cinnamon, the author describes 300 plants and the spices and herbs extracted from them from the point of view of a natural scientist. 84 medically relevant spices are described in detail, with a close look at their cultivation, extraction, active components, characteristics, action and culinary and medical uses.

Readers are inspired by the dazzling variety of spices and their uses – in the most comprehensive book ever written in German on the fascinating world of spices and herbs.

"... a highly recommended reference book that everyone who is interested in spices should definitely have at hand!" (PHYTO Therapie)

“Bon appetit!” (Das PTA Magazin)

Readership: Pharmacists, dieticians, nutrition specialists, food chemists, physicians, interested laypersons
Become a formula wizard in no time!

Chemical Calculations and Stoichiometry
By Dr. Ralf Schwarzbach.
40 figures, 20 tables, 143 calculation examples with solutions. Softcover. Approx. € 24,80 [D]
ISBN 978-3-8047-3515-6

Oxidation numbers, aliquots, titrators – even supposedly “easy” problems can sometimes leave you stumped. What happens when you have the feeling that you don’t understand a thing?

This compact textbook comes to the rescue and explains all the basics that you need to handle formulas and reactions:
- units (including concentration units) and their conversion
- writing and balancing chemical equations
- stoichiometric calculations
- chemical equilibrium and its uses
- error analysis.

Prompts to help put you on the right track, sample calculations, practice problems with solutions and practical tips make things clear in an instant.

New: with mathematics crash course

Readership: Students of pharmacy, chemistry and biology, advanced high school students, pharmaceutical technicians
Fiedler – Encyclopedia of Excipients
at www.DrugBase.de

Revised by Dr. Martin Holzer.

Yearly subscription fee for one concurrent user from one location:
For community / retail pharmacies: € 215,– plus VAT*
For hospital pharmacies: € 430,– plus VAT*
For pharmaceutical companies: € 860,– plus VAT*

* Other prices apply to additional locations or additional concurrent users. Quotation on demand.
Free 10-days-trial at www.DrugBase.de.

Fiedler – Encyclopedia of Excipients is the most comprehensive database on excipients used in pharmacy, cosmetics and related fields offering more than 12,000 entries. Monographs follow a unified structure:

- Names and synonyms: INN, INCI, compendial, trivial and chemical names, trademarks, CAS-, EINECS- and E-numbers
- Definition: Description, composition, chemical structure, molar mass
- Basic properties: Appearance, physicochemical data, solubility, spectra, etc.
- Application characteristics and main uses in pharmacy and cosmetics, illustrated by examples
- Stability and incompatibilities
- Pharmacology and toxicology
- Analysis methods
- References with broad literature citations
- List of excipient suppliers

A manufacturers directory gives about 500 addresses and full contact details.

Readership: Pharmaceutical and cosmetic industries, research organisations, laboratories, suppliers, authorities, colleges / universities, pharmacies

Index Nominum – International Drug Directory
at www.DrugBase.de

Edited by pharmaSuisse, Swiss Association of Pharmacists.

Yearly subscription fee for one concurrent user from one location:
For community / retail pharmacies: € 322,– plus VAT*
For hospital pharmacies: € 644,– plus VAT*
For pharmaceutical companies: € 1,288,– plus VAT*

* Other prices apply to additional locations or additional concurrent users. Quotation on demand.
Free 10-days-trial at www.DrugBase.de.

Index Nominum is the international database for active pharmaceutical ingredients (APIs), branded medicinal products, synonyms, and chemical structures.

- Overview of the international nonproprietary names (INN), chemical designations (IUPAC), official synonyms, and medicinal products (medications containing a single active substance as well as dual combinations and selected combination drugs containing three or four active agents) made by 30,000 manufacturers in 166 countries.
- 8,100 active substances and derivatives, 26,000 synonyms, and more than 370,000 proprietary names of medicinal products for human and veterinary use
- APIs that are no longer commercially available are retained and correspondingly labelled “off-market”. Branded medicinal products withdrawn from the market are given a country-specific “off-market” label.

Readership: Pharmacists, authorities, pharmaceutical industry and wholesale